

**PHILIPS**  
**Lifeline**

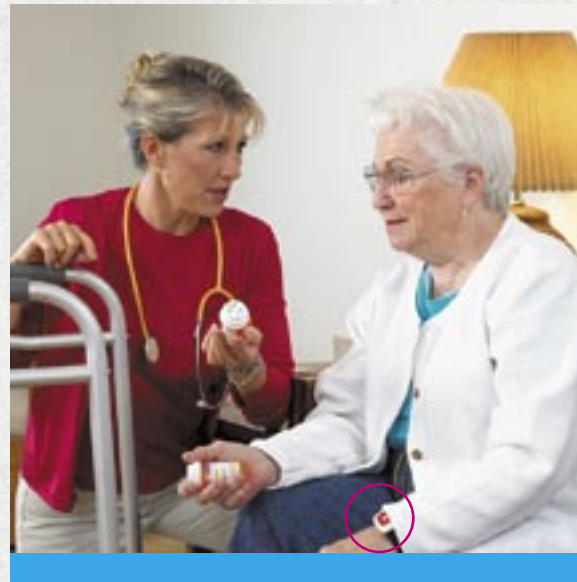
The most trusted medical alert service provider



**Lifeline is the #1 Medical Alert Service**

Trusted by more hospitals, doctors and caregivers, Lifeline can not only protect a life . . . it can preserve a cherished way of life by giving seniors the confidence to continue living in their own homes.

A fall, or some other need to call for help, could happen at anytime. So why not contact us to start protecting yourself or your loved one right now?



**SPECTRUM HEALTH COMPANIES**

2000 Siegel Boulevard  
Eveleth, MN 55734  
218-741-3013/1-888-741-3013

6205 Crossman Lane  
Inver Grove Heights, MN 55076  
651-451-0569

[www.spectrumhealthcos.com](http://www.spectrumhealthcos.com)

**SPECTRUM HOMECARE**

[www.spectrumhomecare.com](http://www.spectrumhomecare.com)  
Brainerd 218-829-8622  
Duluth 218-722-6377  
Eveleth/Northern Region 218-741-3013  
Faribault 507-332-7471  
Grand Rapids 218-326-4202  
Twin Cities/Metro 651-451-0569  
Rochester 507-282-8052  
St. Cloud 320-251-6483  
Willmar 320-235-5684

**CAREFREE LIVING**

[www.carefreeiving.com](http://www.carefreeiving.com)  
Brainerd 218-829-8622  
Burnsville 952-892-5559  
St. Cloud 320-251-6483

**SPECTRUM ASSISTED LIVING**

Spectrum House Ely  
Ely 218-365-2261  
[www.spectrum-ely.com](http://www.spectrum-ely.com)  
Sibley Apartments  
Ely 218-365-2261  
Lakeside Manor  
Ely 218-365-2261  
Columbia Apartment  
Virginia 218-741-3013  
Rochleau Apartment  
Virginia 218-741-3013  
Alice Nettell Tower  
Virginia 218-741-3013  
Washington Manor  
Virginia 218-741-3013  
Lenci House  
Virginia 218-741-3013  
Horizon House  
Virginia 218-741-3013  
Broadview Manor  
Gilbert 218-741-3013  
Lenox Place  
Duluth 218-390-9764



**Choose to live better.**

*With the help of these Spectrum Health Care Companies*

**SPECTRUM HOMECARE**

**CAREFREE LIVING**  
Assisted Living and Memory Care

**SPECTRUM ASSISTED LIVING**  
Assisted Living Services

**SPECTRUM HOUSE ELY**  
Independent Living, Assisted Living and Memory Care



“Mom used **Spectrum Homecare** for years after she had a bad fall. When we worried about her living by herself, **Carefree Living** was just what we were looking for. She gets to stay in town and while she doesn’t need much care, she gets the best possible care. Now we don’t worry so much, and best of all – she loves it there!”

# You can trust Spectrum Health Companies

*Whether in the comfort of your home or in one of our independent living, assisted living or memory care facilities, you can trust a Spectrum Health Company*

## The Spectrum Health Companies

Spectrum Health is the name to know and trust when it comes to health care assistance. We provide health and personal care services for people of all ages, in all types of residential settings.

Our goal is simple – to creatively solve your health care concerns and create peace of mind. We do this by helping individuals achieve and maintain optimal health and independence. Our professional staff works closely with you, your loved ones, and outside resources to meet your health care needs in a cost-effective manner.

You are actively involved with planning, implementing and evaluating services provided by one of the Spectrum Health Companies.



*Helping you stay in your home is as important to us as it is to you*

Spectrum Homecare's highly trained nursing and home care staff provides the services you need to live independently in the comfort of your home. Our goal is to help you live each day to the fullest.

- Quality care for all ages
- Nursing services and home health aides
- Foot care
- IV therapy
- Homemaker services
- Physical, occupational and speech therapy



*An individual lifestyle in a caring community*

Our Carefree Living assisted living suites provide support for you or your loved one to maintain your lifestyle in a comfortable, safe, secure setting.

Services available include medication monitoring, assistance with personal cares, housekeeping, laundry and daily services. Memory care is available at select locations.



Carefree Living Burnsville



*Now Ely's seniors have a choice*

Spectrum House Ely is the newest member of the Spectrum Health Family. Opened in 2008, it is located on the Ely Bloomenson Hospital campus, and features three separate buildings – **senior apartments**, an **assisted living** facility and a **memory care** facility. Each of the buildings features 14 or 16 apartments and offers all the services that the Spectrum Health Companies are known for.



Spectrum House - Ely

Spectrum Assisted Living is a branch of Spectrum Health Companies that offers assisted living services to clients who do not live in one of our CFL buildings.



**SPECTRUM**  
ASSISTED LIVING  
DULUTH • VIRGINIA • ELY • GILBERT